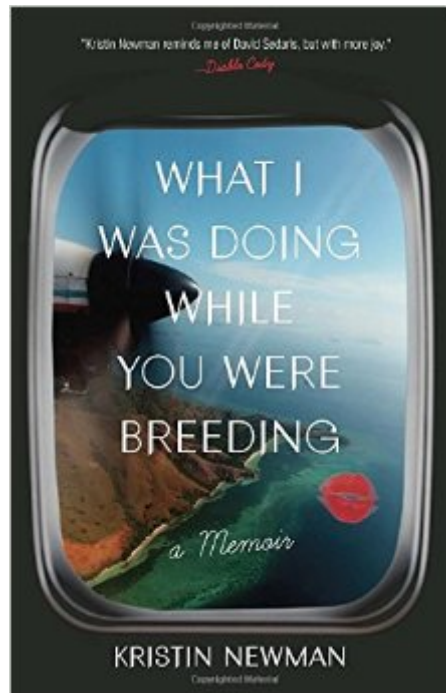


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# What I Was Doing While You Were Breeding: A Memoir



## Synopsis

A funny, sexy, and ultimately poignant memoir about mastering the art of the "vacationship." Kristin Newman spent much of her twenties and thirties buying dresses to wear to her friends' weddings and baby showers. Not ready to settle down and in need of an escape from her fast-paced job as a sitcom writer, Kristin instead traveled the world, often alone, for several weeks each year. In addition to falling madly in love with the planet, Kristin fell for many attractive locals, men who could provide the emotional connection she wanted without costing her the freedom she desperately needed. Kristin introduces readers to the Israeli bartenders, Finnish poker players, sexy Bedouins, and Argentinean priests who helped her transform into "Kristin-Adjacent" on the road—a slower, softer, and, yes, sluttier version of herself at home. Equal parts laugh-out-loud storytelling, candid reflection, and wanderlust-inspiring travel tales, *What I Was Doing While You Were Breeding* is a compelling debut that will have readers rushing to renew their passports.

## Book Information

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Average Customer Review: 4.3 out of 5 stars See all reviews (324 customer reviews)

Best Sellers Rank: #14,120 in Books (See Top 100 in Books) #27 in Books > Reference > Writing, Research & Publishing Guides > Writing > Travel #29 in Books > Humor & Entertainment > Humor > Self-Help & Psychology #61 in Books > Travel > Travel Writing

## Customer Reviews

I'm a 29 year old single female about to embark on some solo travels and this book popped up and I thought it might be funny/cute. This book was a lot less funny and a lot more depressing than I thought it would be. If you're looking for an interesting travel journal that's more about a person's experience traveling and exploring culture and new places with some personal humor and perhaps an innocent fling or two I would say this is NOT it. Maybe check out Bill Bryson's travel books (although he is a family man who does not have flings). This is first and foremost about someone's

life as an aging, afraid, single 30 something year old and traveling is used more like a drug as a form of escapism to evade a narcissistic life in showbiz Los Angeles. The author herself is a self described "Pietra Pan" (she also refers to herself as a 30+ year old "girl" throughout the book). Traveling and the places themselves along with any existential experience and lessons of those places was more of a side note when they did exist at all. Like I said the book is mostly about avoiding her monster and acting out by sleeping with any acceptable locals (even two in one day) while traveling. I found myself cringing through a lot it while reading about the author chasing unavailable guys that often didn't care about her instead of creating more meaningful relationships on the road. The only relationships she really focuses on are those linked to sexual gratification and being desired or validated by men. The author sometimes defends this behavior like "well men can do it and so can I! don't slut shame me!", but that's like saying two wrongs make a right and it doesn't make you any less self destructive or creepy.

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